

HEALING GARDENS, NECESSITY OF QUALITY PROMOTION OF SUSTAINABLE MEDICAL CENTERS.

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Abstract

One of the known advantages of plants is their effects on human health and their healer effect. This article is probing of green space in hospitals and clinic centers, as an able tool for lowering tension in patients and introduce their positive effect. So, by reviewing and summary of studies and with a analytic approach. in addition to review of relevant principles between healing gardens and their therapeutic impacts, it offers the pattern for landscape design in hospitals. The purpose of this paper is that proper designing for hospital's landscape can cause to Promotion of quality's hospital function. That is achieved by some benefits such as reduction of patients' tension, staff and visitors, improving staff satisfaction, reduction the duration of hospitalization and etc. area's hospital and clinic centers are semi-public spaces that as regards the user who often are patients, their families and staff's hospital, are distinct from other spaces and green spaces such as parks. User of these spaces often are those who are not in perfect physically and mentally condition and they are under stress and tension therefore, the design space should somehow to restore and improve the health acts. So during designing the space a great care should be used for selecting a design style, the type species of plant and construction materials such as furniture, ground cover and etc. First step in designing hospital's area is determination of specialty hospital such as Eye specialist hospital or Lung diseases hospital. The specialty hospital identify type of sickness and their risks and the affect variety of design, species of plant and etc. for example in Lung diseases hospital, the usage of pollinated species or aromatic plants is injurious. Also in children's hospital the usage of pruning plant similar to cartoon or animal's figures is attractive for children. What is certain is that, although looking after to specialty is necessary but the best style of design for these spaces is organic design because this style is more tangible than other styles of design and is very natural. One of the principles that is important in designing using of color according to their expected usage. One of the therapeutic impacts of these spaces is impact on the visual aspects of landscape. That is obtained by observing landscape not working in this. Light and colors have large impact on health. In addition to the items listed, respecting the principles of planting design according to type of user is important. Using of plants should be such that landscape is used at all times of year. So we should create a balance between shade and sun or between using of evergreen and deciduous plants. Also for more benefits using the herbs, shrubs and plants with special features such as color and special medicine for example lavender, Rosmarinus and etc is recommended. Healing gardens must be a factor for reducing stress. It creates by involving human's senses. So that human's feeling is reflected towards peace and relaxation with the help senses. And reduces realization of sadness and suffering. The visual senses and hearing are the most important senses. Also designing as understudied the physical frame is achieved by these senses. So a good landscape can create this feeling in human by visual and sound's elements. For example the sound of moving water or birds or beautiful combination of colors in plants and artificial materials.

Keywords: healing garden, Sense, style's design.



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